

The Bereavement Journey®

Course



**A 7-week course held at The Living Well
on Wednesday mornings 10am—12pm**

15.04, 22.04, 29.04, 6.05, 13.05, 20.05, 27.05

Each Session comprises two films, followed by an opportunity for discussion in a small group, with a break between.

Anyone for whom someone important has died at any time is welcome.

Please book via the administrator on 01304 842847 or
contact@the-living-well.org.uk.

Suggested donation £50 for the 7 sessions



www.the-living-well.org.uk
Registered Charity No.: 1123792

**At a
Loss.org**