



# The Living Well

Canterbury Diocesan Centre  
for Healing and Wholeness

## Introduction to The Living Well

The Living Well (TLW) is situated in an old vicarage in Nonington, 10 miles Southeast of Canterbury. It began approximately 14 years ago when a member of clergy recognised the need to offer Christian retreat, listening and prayer to aid healing and wholeness in individuals in a way that clergy and laity were often not able to offer in a parish setting. The ministry was initially centred in Nonington and had an external focus of bringing training in the healing ministry to parishes within Canterbury Diocese.

TLW has since grown to a wider calling bringing the ministry of TLW to local churches and we can be asked for help beyond the Church of England. Canterbury Diocese partner and support TLW charity working collaboratively in ministry and mission in a variety of ways: one is the provision of the property which is maintained and prayerfully cared for by residential wardens. The house and grounds offer a chapel, a library, lounge, kitchen, an Upper Room suitable for small groups and garden with labyrinth, rose garden and three heated garden cabins suitable for day retreat with a plan to add a fourth cabin in early 2022.

Our Core Team includes the chaplain, wardens, our administrator and assistant chaplains; beyond this we are able to encourage many volunteers to serve with us in this ministry of hospitality, healing and wholeness in Jesus Christ – for whom we are hugely grateful. We benefit from a Board of Trustees and a Treasurer who help with discerning the ministry and mission of TLW.

We hold a public healing service midweek at Nonington and seek to keep an 'open door' to respond to a wide range of requests from individuals and groups. A 2021 programme will shortly be found on our website [www.the-living-well.org.uk](http://www.the-living-well.org.uk)

Our understanding of healing is holistic, we are body, mind and spirit; healing may come over a protracted period of time or unexpectedly and suddenly. Our role is to provide hospitality, a prayerful retreat space, advanced listening, openly inspiring hope whilst also being willing to sit in the darkness or with the uncertainty of guests at times. We are blessed in this ministry and always reliant upon the eternal and creative breath of the Spirit of God at work among us



The Living Well [www.the-living-well.org.uk](http://www.the-living-well.org.uk) / Registered Charity 112379

Please contact 01304 842847 or [contact@the-living-well.org.uk](mailto:contact@the-living-well.org.uk)

[www.the-living-well.org.uk](http://www.the-living-well.org.uk)

