

- If you would like further explanation, or to discuss this, please do ask a member of the team who will be happy to help.

We have appointed Reverend Lorraine Apps Huggins as our Safeguarding Coordinator (telephone 01304 842847).

Approved by the Trustees of The Living Well on 1st June..... 2019.

Signed 
Revd Stephen Hardy (Chair of Trustees)


Revd Lorraine Apps-Huggins (chaplain)

Anyone may speak to the **Diocesan Safeguarding Advisors:**

- **Fiona Coombs** – 07548 232395. Email: fcoombs@diocant.org
- **Paul Brightwell** – 01732 384734 or 07398 009951. Email: pbrightwell@diocant.org

Other helpful contacts

- **Samaritans** – 116 123
 - **National Domestic Violence Helpline** – 0808 2000 247
Rising Sun (Domestic Violence and Abuse Service in East Kent) – Crisis Line 01227 452852 (Mon – Fri 9.00 am – 4.30 pm)
One Stop Shops ('drop-in' sessions providing free advice from a variety of agencies; legal aid, housing, finance and counselling etc.) - visit <http://www.domesticabuseservices.org.uk> and search by area
 - **NHS Mental Health Crisis** – 111 Option 2
 - **National Society for the Prevention of Cruelty to Children** – 0808 800 5000
- Victim Support** - 0808 16 89 111

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